

COMBINING TMJ, SDB & MYOFUNCTIONAL DISORDERS 1-DAY TRAINING COURSE

PRESENTED BY DR JOHN FLUTTER

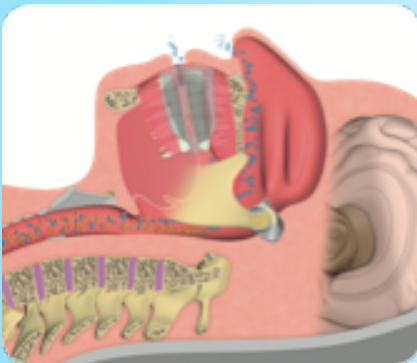
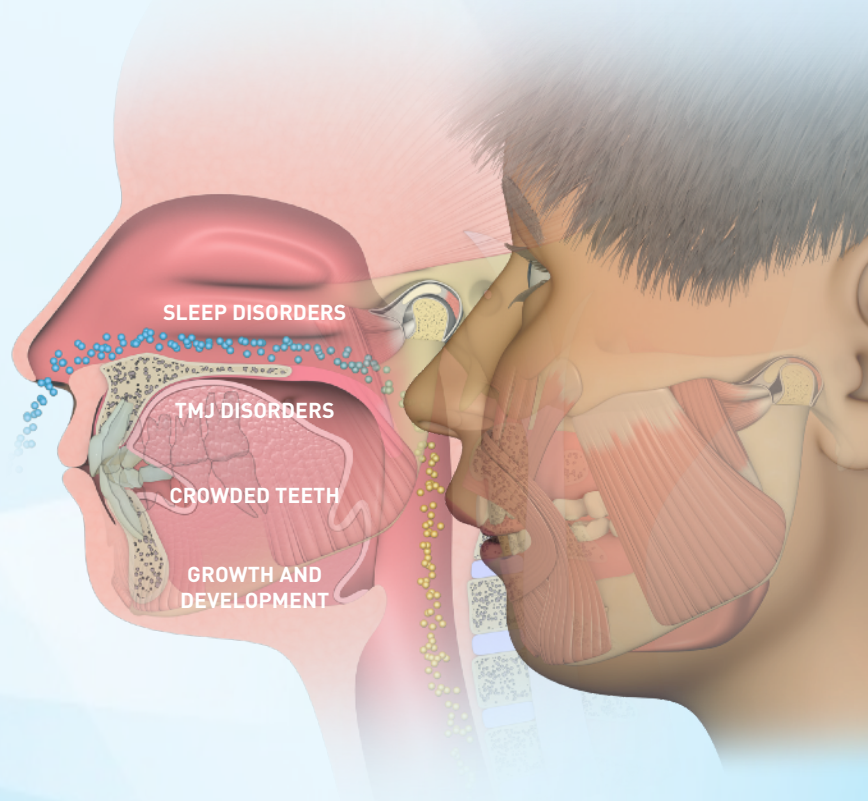
For more than 30 years, Myofunctional Research Co. (MRC) has recognised breathing disorders as the major cause of malocclusion, poor jaw growth and TMJ Disorder. Our different treatment-systems offer you the most convenient way to treat the causes of TMJ and breathing disorders for children, teenagers and adults.

**A complete training
program for dental
professionals.**

**Tallinn (Estonia)
16 October 2026**

LEARNING OUTCOMES

- Practical aspects of the implementation of myofunctional treatment in your practice.
- Understanding the development of occlusion and function.
- Diagnosis of soft tissue dysfunction, Sleep-Breathing Disorders, Tongue Tie and Malocclusion.
- An extensive presentation of treatment possibilities with MRC's treatment systems MYOSA, TMJ & MYOTALEA
- Effectively educate parents and patients to achieve consistent results.
- MYOSA for Kids - For the treatment of breathing and myofunctional disorders
- MYOSA for TMJBDS - For adults with TMJ, breathing and myofunctional disorders.
- MYOSA Activities & Protocol. A new active program supported by the Myotalea System.



Airway correction for
children and adults.



Immediate diagnosis and
treatment of TMJ Disorder.



Myosa Activities and Treatment
for children and adults.

myobrace®

myosa®

TMJBDS®
FOR TMJ, BREATHING & DISORDERED SLEEP

myoTalea®

**MYOFUNCTIONAL
RESEARCH CO.**
CORRECTING BREATHING HABITS
FOR THE LAST 30 YEARS

LECTURER



Dr. John Flutter - BDS London Dental Surgeon

Dr. Flutter was born in England and qualified as a dentist at Kings College Hospital Dental School at the University of London in December 1971.

His early days of general dental practice were in the UK and he then moved to Australia in 1977. Dr. Flutter has been doing orthodontic treatment for forty four years and has become familiar with all techniques in particular the Biobloc technique integrated with an emphasis on techniques to establish nasal breathing to improve growth and development of the growing child, focusing on health, the face and the orthodontic stability rather than orthodontic excellence. Dr. Flutter was the first to adopt his clinic to MRC Clinics in October 2009 and then the newer Myobrace Pre-orthodontic Center in July 2014. Dr. Flutter is a Certified Breathing Practitioner and a Buteyko Breathing Practitioner who has lectured on "Myofunctional Influences on Facial Growth and The Dentition" in 67 countries in the last 22 years.

REGISTRATION FORM

REGISTRATION FEES (FULLY CATERED)

ONE DAY MYOSA TRAINING SESSION

1 Day - Doctors

..... EUR ☐

VENUE DETAILS

TALLINN - ESTONIA

.....

REGISTRATION DETAILS

Full Name:

Contact Number:

Email:

Address:

Dietary Requirements:

ADDITIONAL PARTICIPANTS

Dietary Requirements:

Full Name:

Full Name:

For more information and registration details please contact:



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COMBINING TMJ, SDB & MYOFUNCTIONAL DISORDERS

PROGAMMA - DR. JOHN FLUTTER COURSE

MYOSA, TMJ, SDB & OSA

9:00 - 9:15	Welcome/Coffee & Registration
9:15 - 9:45	Introduction to TMJ, SDB & MYOFUNCTIONAL DISORDERS Presented by Dr. John Flutter, BDS London Dental Surgeon
9:45 - 10:30	Aetiology, Evaluation and Diagnosis of TMJ Disorder as a primary focus in treating Sleep Related Breathing Disorders SRBD – the last 30 years Presented by Dr. John Flutter, BDS London Dental Surgeon
10:30 - 11:00	Break
11:00 - 12:30	The MYOSA Appliance system & Active Program with MyoTalea. Treatment Options for all Age Groups. Presented by Dr. John Flutter, BDS London Dental Surgeon
12:30 - 13:30	Lunch
13:30 - 14:30	Sleep Disordered Breathing (OSA) from a Medical perspective. Are CPAP and MADs the gold standard in treatments? Presented by Dr. John Flutter, BDS London Dental Surgeon
14:30 - 15:00	Break
15:00 - 16:30	TMJ Muscle, Joint & Trigger Palpation. Presented by Dr. John Flutter, BDS London Dental Surgeon
16:30 - 17:00	Questions & Answers